

Review of Systems (ROS) Checklist
Layperson Terms

General 1	fever	1	Mouth 8	change in taste	1
	chills	2		pain in mouth	2
	sweats	3		or tongue	3
	night sweats	4		bleeding gums	4
	weight change up	5		lesions in mouth	5
	or down	6		or gums	6
	overall health	7		lesions on lips	7
				or tongue	8
Skin	lesions	1	Throat	sore throats	1
2	rashes	2	9	hoarseness	2
	itching	3		painful swallowing	3
	sores	4		Chest	coughing up blood
	change in hair	5	10	or phlegm	2
	or nails	6		cough	3
	change: in moisture	7		shortness of breath (SOB)	4
	temperature	8		wheezing	5
color	9	sharp CP with deep breath		6	
texture	10	or cough		7	
Heme	large or	1	Cardiac	chest pain (CP)	1
3	tender lymph nodes/glands	2	11	rapid or strong heartbeat	2
	excessive bleeding	3		irregular heartbeat	3
	or bruising	4		light-headedness	4
	history of (h/o) anemia	5		passing out	5
Head	headaches	1		swelling in feet	6
4	head injury	2		history of (h/o) heart murmur	7
Eyes	glasses	1		or blood clots	8
5	or contacts	2		calf pain at rest	9
	eye pain	3		or with exercise	10
	redness	4		SOB with exertion	11
	discharge	5		SOB while lying flat (# pillows)	12
	infection	6		sudden awakening w/ SOB	13
	injury	7		change in activity tolerance	14
	flashes of light	8		Breasts	pain
	double vision	9	12	or lumps	2
	blurring	10		discharge	3
	loss of vision	11		GI: gastro	change in appetite
	Ears	hearing loss	1	intestinal	heartburn
6	ringing in the ears	2	13	reflux	3
	pain	3		abdominal pain	4
	infection	4		hernias	5
	discharge	5		fullness	6
	sensation of room spinning	6		bloating	7
	Nose	change		1	vomiting blood
7	or loss of sense of smell	2		or coffee ground material	9
	drainage	3		nausea	10
	congestion	4		vomiting	11
	sinus pain	5		yellowing of the skin	12
	nose bleeds	6		or eyes	13

Blue Font: you don't need to
say out loud the title of the system

Begin with the word 'Any' to
avoid asking a leading questions

Majority NEED to be recited in PAIRS

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GI cont continued 13	recent changes in bowel habits:	14	Endo 17	easy fatigue	1
	pain with bowel movement (BM)	15		sleep disturbances	2
	going more	16		behavioral changes	3
	or less often	17		sensitivity to heat	4
	diarrhea	18		or cold	5
	constipation	19		increased thirst	6
	black	20		change in size of: hands	7
	or maroon colored stools	21		feet	8
	hemorrhoids	22		facial features	9
blood in stools	23	neck	10		
other change in consistency	24	problems w/ thyroid	11		
or color	25	Muscles & Bones	pain or tenderness in muscles	1	
Urinary 14	pain with urination	1	18	or joints	2
	# of times you urinate in a day increased	2		stiffness	3
	or decreased	3		swelling	4
	has amount of urine made in a day increased	4		past injury	5
	or decreased	5		or deformity	6
	compelling urge to urinate	6		limited movement of the: neck	7
	leaking urine	7		trunk	8
	unable to urinate	8		extremities	9
	difficulty initiating stream	9		Nervous System 19	seizures
	urinating at night, (#)	10	difficulty speaking		2
	blood in urine	11	or swallowing		3
	foamy urine	12	tremor		4
	tenderness back	13	weakness	5	
or side	14	numbness	6		
h/o bladder	15	or tingling	7		
or kidney infections	16	burning	8		
kidney stones	17	or shooting pain	9		
Genital 15	genital lesions	1	abnormal clumsiness	10	
	rashes	2	difficulty w/ balance	11	
	pain	3	difficulty w/ bowel	12	
	discharge (penile/vaginal)	4	or bladder control	13	
	painful intercourse	5	Mental Health 20	change in moods	1
Women 16	what age did your period start?	1		prolonged crying	2
	still menstruating?	2		confusion	3
	No: menopause, age	3		difficulty thinking	4
	Yes: periods monthly?	4		memory loss	5
	How heavy are they?	5		phobias	6
	1st day of last menstrual period	6		hallucinations	7
Men 16	testicular pain	1		agitation	8
	testicular lumps	2		previous treatment of psychiatric	9
	problems w/ erections	3		or emotional illness	10
	or ejaculations	4	Total	182	

≥ 172 correct to pass in 7 minutes (Session 1)

≥ 172 correct to pass in 7 minutes (Session 2)

≥ 172 correct to pass in 6.5 minutes (Session 3)

≥ 172 correct to pass in 6 minutes (Session 4)

≥ 172 correct to pass in 5.5 minutes (Session 5)

≥ 172 correct to pass in 5.5 minutes (Session 6)

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