

## Onboarding Materials for Pre-Doctoring Course

**Review of Systems (ROS):** In the Year 1 Doctoring “ROS presentation” RAM (Required Asynchronous Module), Dr. Moffitt explains the rationale for providing this material early. Some information in this 11:27 minute RAM does not apply to Pre-Doctoring. Focus on Dr. Moffitt’s demonstration of the ROS recite beginning at 4:16 minutes, especially the pacing and cadence. We strongly recommend memorizing the ROS in layperson terms in order, by system and in pairs as per the **PS Student ROS Recite checklist** BEFORE school starts.

In Pre-Doctoring Introduction to Medicine (ITM) **Session 1 on August 29**, you will **practice the full ROS recite with your faculty**—reciting it, in pairs from memory in 7 minutes or less. The “Student ROS Recite” checklist will be used for this assessment. It is provided for your review; there are 182 individual items in 20 systems. The passing score is 172 items correct in the allotted time.

In subsequent sessions in Pre-Doctoring ITM, you will be tested on the ROS recite, from memory with the faculty and the allotted time will gradually decrease to 5.5 minutes. If you do not pass this skill, you will do an ROS re-do at the end of the Pre-Doctoring session beginning with Session 2.

**The SOAP note:** is the tool used to communicate information on the patient, in written form. Therefore, one of the critical skills that you will need in the Pre-Doctoring course and beyond, is the ability to type **at least 38 WPM** (words per minute). **You will be assessed on your typing skills (speed and accuracy)** during ITM Session 1 on August 29. To help you prepare, review the following website link: <http://typera.net/>.

Please go to the drop-down menu under Start test and select “English (sentences, 2 min),” then push the “Start test” button. Type until the program stops you. When you are done, it will give you the WPM that you typed. (Note: you do not need to correct errors, those words will simply not count in your score. Just keep typing.)

## Start test

Please choose the test language and duration:

English (sentences, 2 min) Start test

You are not logged in, so your results won't be saved.



## What is this?

**Typera** is a typing speed test. You get randomly chosen words or sentences and try to type them as fast as possible in the test time. This will be your score, expressed in CPM, characters per minute and in WPM, words per minute.

See below for further instructions.

## Instructions

1. Choose a language, the words will be in this language.
2. Click "Start test" - soon you'll see the test app
3. Start typing the words from left to right. Press space or enter between the words.
4. Keep on typing until the time (1 or 2 minutes) passes
5. Read your rating and score

## Scoring

The program will count keypresses of the *correctly typed* words. If you mistype a word, it will be ignored. Do not stop to think, just type, do no typos.

Send me **feedback** if there's anything you want to comment.

Please begin to work on these skills NOW. Once school starts this will only put more pressure on you if you do not have these skills under your belt.

Please email Dr. Castro at [mariadcastro@arizona.edu](mailto:mariadcastro@arizona.edu) with any questions.